



Summer Edition
August 2008

*** A Place Set Apart * www.campwendake.org director@campwendake.org**

MESSAGE FROM THE DIRECTOR

We are Camp Wendake 2008

This will be our 12th camp and just like the first Camp Wendake we are co-creating it together – campers, volunteer staff, and donors past, present and future. Some people have called Camp Wendake a miracle; others say it is magical. There are as many descriptions as there are those who in some way have experienced the place set apart.

There are many who help create this Camp Wendake experience that in many ways is a miracle. Many people get involved in the planning throughout the year, whether it is on the organizing team, part of the governance committee, supporting our fundraising or helping with the Gala in the spring. So many people to be grateful to for doing whatever they can to ensure Camp Wendake is a great success. It is magical how the Wendake community comes together to make this miracle happen!

What really creates the magic of Camp Wendake is the volunteer staff and the campers that will be gathering together at camp in a few weeks. We all, campers and staff, bring our hopes with us whether this is our first time participating at camp or our 12th. The magic is in our vision that we each agree to create and share a place set apart. A fun, nourishing, supportive, and safe space in nature, filled with opportunities for growth and friendship in a compassionate community.

Being respectful and grateful for each other and the earth ensures Camp Wendake to continue year after year.

Peace, Prosperity, Perspective, Matthew
Matthew Maynard – Director

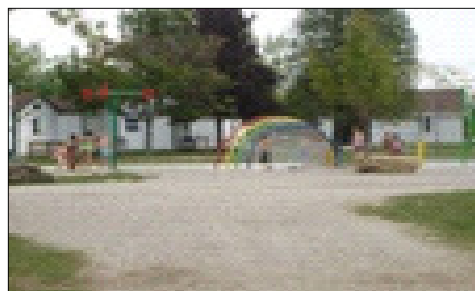
Message from the Staff Director

Summer is progressing quickly and in just a few short weeks it will be time for Camp! We have great staff again this year and every position is filled. Staff training took place the weekend of June 13th and 14th and was well attended and deemed very successful by all who took part. We are very lucky to have such a wonderful group of dedicated and compassionate volunteers. They give so much of themselves towards making Camp successful each year and we are grateful for their participation.

Hopefully the weather will cooperate so we can take part in all the great activities we have planned; swimming, canoeing, games and sports, crafts, splash pad. We look forward to all the fun of Talent Night and singing and music around the campfire at night. And we especially look forward to the awesome food we receive from our terrific kitchen staff. No one ever goes hungry at camp, right Jan?

All in all, camp promises to be a wonderful place this year and we look forward to welcoming everyone in August.

Thank you to everyone who has helped to make Camp Wendake happen once again! See you soon!
Dayle Allan



Reminder:

In order to preserve the confidentiality of our campers, visitors are NOT allowed at Camp Wendake

Important Telephone #'s for Camp

Huron Church Camp 519 565 2822 (collect and calling card calls from camp only)
Pharma Plus Goderich 519 524 8121
Shoppers Grand Bend 519 238 8540
Clinton Pharmacy 519 482 5037
Michael's Pharmasave - Bayfield 519 565 4454

CAMPER'S TRAVEL INFO

TRAVELING BY BUS TO

If you are traveling by personal vehicle, on your own or with a friend, you can refer to the map in this mailing.

CAMPERS are asked to arrive at our camp site (signs says "Huron Church Camp") **between 2:00 and 4:00 PM on Monday August 25, 2008**. If you are able to offer a ride to camp or to London, please contact Matthew at 519-272-1050 or email to: registrar@campwendake.org

BUSES



Our yellow school bus will be meeting **London and out-of-town campers at: Greyhound Bus Terminal** 101 York St., London (at Talbot St.) loading between 10:30 and 11:00 AM and then traveling directly to Camp Wendake.

Monday August 25, 2008

- Ottawa to London - Leaves Ottawa 12:45AM arriving in London at 10:35AM
- Kitchener to London - Leaves Kitchener 9:30AM arriving in London at 10:55AM
- Hamilton to London - Leaves Hamilton 7:30AM arriving in London at 10:10AM
- North Bay to Toronto - Leaves 2:15AM arriving in Toronto 7:30AM
- Sudbury to Toronto - Leaves 12:50AM arriving in Toronto 5:50am
- Toronto to London - Leaves Toronto 8:30AM arriving in London at 10:35AM



Please confirm travel arrangements a couple of days in advance.

Greyhound 1-800-661-8747
Ontario Northland 1-800-461-8558

PLANNING YOUR RETURN TO "CIVILIZATION"

Saturday August 30, 2008

To accommodate connecting buses, the school bus will leave Camp Wendake at 8:30 AM in order to be in London to drop off campers at the Greyhound Bus Terminal around 10:30AM

- Bus to Hamilton leaves 11:00AM, arrives at 1:10PM
- Bus to Ottawa leaves 10:30AM, arrives at 7:35PM
- Bus to Toronto (North Bay) leaves 11:00 AM arrives 2:15PM
- Bus to Kitchener leaves 10:45AM arrives 12:20PM
- Bus to Sudbury from Toronto leaves 1:00PM arrives at 5:30PM
- Bus from Toronto to North Bay leaves 2:30PM and arrives 7:40PM



If you have received assisted bus travel, you will receive a voucher/ ticket in the mail. If you have any questions contact Matthew as soon as possible at 519-272-1050.

Bagged lunches will be provided for the bus trip from London to the camp for those who wish one. For your return trip home, Camp Wendake will provide food for you to "create your own lunch."

• Club Meds– Policy change re: Medical Marijuana

Please be Aware; In accordance with both the Ontario Nurses Assoc (ONA) and the Ontario Camping Assoc (OCA) guidelines medical marijuana will now need to be treated like any other narcotic medication and therefore will be locked up at Club Meds. It can, like all of your other treatments, be retrieved on a daily basis at your leisure.

Note that Camp Wendake policy with regard to documentation of your medical use of marijuana status remains in effect-- please refer again to your application form.



THIS IS A FIRE RAINBOW - THE RAREST OF ALL NATURALLY OCCURRING ATMOSPHERIC PHENOMENA.. THE PICTURE WAS CAPTURED IN AUGUST 2007 ON THE IDAHO/ WASHINGTON BORDER. THE EVENT LASTED ABOUT 1 HOUR. THE CLOUDS HAVE TO BE CIRRUS, AT LEAST 20K FEET IN THE AIR, WITH JUST THE RIGHT AMOUNT OF ICE CRYSTALS, AND THE SUN HAS TO HIT THE CLOUDS AT PRECISELY 58 DEGREES

Program—Welcome to Camp Wendake 2008!

I would like to welcome everyone to our Wendake- our place set apart. Our new leadership team has planned for the most amazing camp to date. It is our “Double Double” year-our second year of our second decade- believe it or not!

Mike, our new Children’s Program Coordinator, has been busy planning for the hundreds of kids-oh sorry Mike- I mean twenty or so kids that will spend time with the team in children’s program. Marianne and her sidekicks Carrie and Nancy are working their magic with the plans for the Arts and Crafts for the week- and it’s going to be a blast!

We have hair stylists, massage therapists, and body and energy therapists who will be on hand during the week for all to enjoy. Wayne has agreed to bless us with his talents in a sunset painting workshop. The Blyth Festival Theatre will be hosting a group of us to see **Courting Johanna** on Thursday afternoon. There will be a sign up sheet for the theatre, as well as the other programs. We are hoping for long sunny days and the wind at our back for canoeing and other outdoor adventures. We look forward to campfires, the most beautiful beach, fun evening programs, pajama breakfast and a Mexican-themed day for Thursday (don’t forget to bring something Mexican-themed with you) an “Eating to Heal” workshop, a drumming experience, musical activities and, of course, our much loved and infamous Talent Night, and other fun-filled events that we haven’t finished dreaming up yet!

If you have a skill or talent you wish to share with others at camp- please let me know so that I can arrange for your inclusion in the program. Feel free to email me at eboniko@rogers.com

I look forward to meeting all of you at camp- see you soon!

Peace Elise

What to Bring

Packing List:

- All medications * Meds include prescribed, allergy, epipen if applicable, gravol, vitamins, additional pain meds. All meds should be enclosed in a dosette for storing or the blister packs (if packaged that way).
- sunscreen hat beach towel lawn chair (if you can manage it) bug spray swim suit
- Pillow bedding/blanket/sleeping bag pajamas towel personal products soap
- shampoo warm weather clothing clothes for cool evenings clothes for rainy weather
- costume and or accessories for Mexican day and talent show musical instruments or talents yourself!

DO NOT BRING:

Pets, illegal drugs or alcohol.

Greetings and O Siem from the Governance Committee of Camp Wendake!

Welcome to all the new campers and staff of 2008 – and welcome back to you who have attended before.

O Siem, a song that has become a mainstay at Camp Wendake, reminds us that we are all family, living with and creating change toward a more unified community with fewer unnecessary barriers between us. The Governance Committee is a part of the family that helps Camp Wendake raise funds and keep the vision alive from year to year. We look toward what the future will be. We plan for it and protect it. In some ways we are invisible to the actual camp – our work is in the background, as it should be. Some of us will stop by to say hello and share a short time with you one evening during camp. But mainly we are your family that support and encourage from a distance.

Enjoy your time at camp. Let the beauty of the lake and land renew you. Make friends who you can enjoy long beyond the week of camp. (We have in our involvement with Camp Wendake!) Try some things that you might not have other opportunities to try. (Elise has some great ideas!) Allow yourself to discover new layers of your own creativity, resourcefulness, wonder and resilience.

We extend every good wish to this year's Leadership Team, under the direction of Matthew. We are delighted that some new and enthusiastic people have come forward to help carry on the vision of this amazing "place set apart," Camp Wendake. Have a wonderful experience, everyone!

Pam Hill, Chair, Camp Wendake

Adult Program ART FACTORY Welcomes You!!

Hi everyone!

I am so looking forward to seeing old friends and discovering new ones! Please all, when at camp this year, come in to the Art Factory a.k.a. crafts cabin, and create away.

We are blessed and honoured to have "Cunning & Crafty **Carrie**" back again; also the new "Crafty Lady **Nancy**" will be bringing and sharing her many talents. Welcome back Carrie and Nancy, really looking forward to sharing 'artsy fartsy' time with you as well.

We are currently reviewing the crafts schedule for camp but here are some of the things we are working on, and possibly some things you may be able to help out with, to turn all our creations into masterpieces.

1. **NAME TAGS** will be the first craft item on the Art Factory agenda. Because there will be so many of us, it's hard to remember everyone's name. Also, we're a huggin' & lovin' group of staff and campers..., we just want to know who we're huggin' ~ lovin', ~ talking' & sharin' with! If you have never been to camp before you will realize this by Wednesday. EVERYBODY HUGS EVERYBODY!! (Unless of course you don't want to hug, then that's okay too!)

2. Bring your favourite **Photos and Tcahachkees!**..... Tcahachkees you say??....Yes...you know those little trinkets that you love but don't know exactly what to do with. We will be making **shadow boxes** to store them in or decorate them with. I made shadow boxes using old photos and a bag of old buttons from my mom's old sewing basket. They turned into lovely keepsakes....think of what you can bring????

3. There will always be **TIE DYE!!** So bring **light coloured COTTON** items like T-Shirts to camp and we will revisit the '60's. If you have extra, clean, cotton t-shirts or any articles of clothing, etc. which you can share, bring those along too. (For those campers who may have forgotten to bring theirs to camp. All kinds, shapes and sizes will be appreciated and dyed!)

4. Bring out the Picasso, Van Gogh, or Monet in you! We'll have artist canvas to paint to your hearts content with acrylic craft paints. Don't know how? Don't worry, neither do we! It will be messy and fun and a great conversation piece for your living room. We'll just call it ART FACTORY NEVEAU! It will go nicely with your tcahachkees!

5. This year we are hoping to have a big surprise in jewellery making, If we can work out the details you may just be taking home your own hand crafted piece of real silver jewellery. Gotta' luv that Crafty Carrie for thinking up this one! Keep your fingers crossed!

Until we see each other at camp, remember:

*Every time we feel the passion of our visions and dreams,
we awaken the creative spirit within us, and express
the beauty and power of our true selves in the world.*

Namaste ~ Marianne



We're almost ready for you!



International Order of Foresters in London have supported Camp Wendake again this year. Matthew is receiving the cheque from Ruth Miller during their barbeque in July.

The Wendake Waddlers will be out waddling again this September during the AIDS Walk For Life in London. We would encourage all Wendake campers and staff and your friends and families to participate in the Walk in their city or town and wear their Wendake T Shirts, or carry a Wendake sign (download from the website). Be sure you take a photo of your participation and send it to donations@campwendake.org. It is a wonderful way to create more awareness about a wonderful place set apart while supporting the efforts of your local HIV/AIDS organizations.

In most communities, the Walk is the Saturday or Sunday during the weekend of September 20/21. Please check the website for the Walk closest to you and the date in your community. You can find out more information about the AIDS Walk for Life in your area at: <http://www.aidswalkforlife.ca/FindYourWalk.htm>

For those in and around London, we need you to register for the September 21st Walk, gather pledges and to walk or wheel your way with us. Registration is at 11:30 in Victoria Park and the Walk begins at 1:00, followed by a BBQ, refreshments and live entertainment. A third of the funds raised at the London AIDS Walk for Life goes directly to support Camp Wendake. We want to have the biggest, waddlingest Wendake team ever.

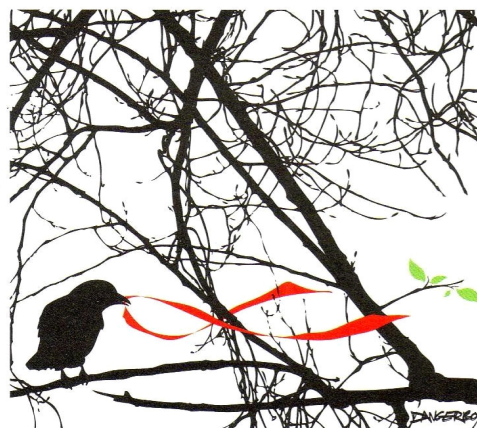
We'll be singing that Shark Song and waddling our way around London, rain or shine, to keep Wendake going for another year. Join our team to keep Wendake strong.

Walk for Life

This is a fun event that supports Camp Wendake, AIDS Committee of London and John Gordon Home with the walk September 21, 2008.

Please consider starting a team at work, school, among your facebook friends and groups, or join the Wendake Waddlers. Pledge forms and information are available on line or ask anyone on the Camp Committees.

Over the past few years this has been a great opportunity to catch up with other campers and staff and support camp, ACOL and John Gordon Home all at the same time.



The Walk will do us good. **AIDS** 
WALK FOR LIFE

SAVE THE DATE!

Sunday, September 21, 2008

A PARTNERSHIP PROJECT OF



www.aidswalkforlife.ca

ALL AIDS WALK FOR LIFE PROCEEDS SUPPORT DIRECT SERVICES FOR PEOPLE LIVING WITH AND AFFECTED BY HIV/AIDS IN YOUR COMMUNITY. 2008 IMAGE BY ACCLAIMED CANADIAN HIV-POSITIVE ARTIST MORGAN MCCONNELL.



Movie Night



**If you are concerned by the proliferation
of modern disease?
Then you need to see this movie!**

Food Matters is a documentary film informing you on the best choices you can make for you and your family's health. Helping you save time, money and effort.

View the trailer: www.foodmatters.tv

First Showing

When Friday, August 22 @ "Dusk"
Where Shangri-la Yoga 519-878-4000
<http://www.shangrilayoga.com/dir.htm>

Out side movie, so bring a blanket to sit

Second showing

When Friday, September 19 @ 7 pm
Where Wortley Wellness Centre
119 Wortley Road 519-433-2201

Presented by Trust in the Process
www.trustintheprocess.com

free event

5.00 donations to go to help Camp Wendake
www.campwendake.org

